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St Joseph's Primary School

Message From Mrs Reilly...

Dear Parents and Caregivers,

On Monday Stage 3 was visited by a representative from Penrith Police who taught them how to be safe when online.

She asked the children what they were doing online. I was surprised at the number who regularly accessed both social games and apps. Interestingly, upon questioning the children, some said that their parents weren't aware that they had these accounts.

Here are some of her tips:

- Speak to your child about their online usage
- Don't ban them but help them to be safe
- Set clear rules about where, when and how long they can be online

How to be safe:

- **Profiles** - You do not have to put information in profiles even though it's asking for. Check to see how much information they have shared.
- **Passwords** - Check the strength of their password. The best password is a phrase that you've created using special things about you - Favourite colour, favourite sport, favourite food. For example Bluebasketballpizza. Who knows their passwords? She recommended that the students share their passwords with their you.
- **Playing online** - make sure you know the people you are playing with. Be careful who they are playing with. Only play with people you know - family and friends. Remind them that they can't believe anything strangers online are saying - She mentioned that if a stranger came up to them on the street they wouldn't engage with them - Why do they think it's ok to do it online? If you play with strangers do not chat to them. Refuse to answer any questions about yourself.
- **If they see things online and they don't like it - what do they do?** Do not respond. Block them. Tell you. Report abuse. [Esafety Commissioner](#)
- **Sharing photos** - Make sure the photo doesn't share any personal information. Online predators gather lots of information and put it together to create a picture of the child. Whatever is shared can't be removed permanently.
- **Sharing content** - Think before they send/post anything - it can't be taken back. Even though they may think a conversation is private - it can be shared very easily.
- **Online Games** - Ensure the games your child is playing online are age appropriate. They have a rating for a purpose. Your child's development can be compromised. Would you allow your child to go to an R rated movie?

She recommended the ESafety Commission as a great resource for parents. The Office of the eSafety Commissioner is committed to empowering all Australians to have safer, more positive experiences online. Lots of resources for parents are available on this site including contact details to report any unsafe online behaviour or if something has been posted that needs to be removed from a site. This is your first step. If necessary they will contact the Police to investigate.

She reinforced to the children the importance of speaking to parents, relatives and teachers if online issues become tricky. She also spoke about the Kids Helpline 1800 55 1800 which is available to all children as a resource that could be useful.

Great resources

<https://www.thinkuknow.org.au>

<https://thecybersafetylady.com.au/talks-2/>

Her message was clear. We need to ensure that our children know how to be safe. Speak to them about their online activity. Ask them to show you how they are safe. We'll continue to teach them about online safety at school.

Take care,
Trish



2019 School Fees

Term 1 school fees should by now be finalised unless on an authorised payment arrangement. Term 2 fee statements have been sent out with payments due by 5/6/19. If you are experiencing any financial difficulties please contact Jenny Pendleton on 4726 4200.

2020 Kindergarten Enrolments

Kindergarten 2020 Enrolments are now being accepted.

Please advise family and friends to contact the school to book their enrolment interview now!



Catholic Culture News

Sacrament Information for 2019 at St Joseph's Parish

- Sacrament of First Communion – 10:00AM Sunday 23rd June 2019 (Feast of Corpus Christi)
- Registration for Sacrament of Confirmation – Sun 28th July 2019 after 10:00am Mass
- Sacrament of Confirmation – 10:00AM Sunday 3rd November 2019

If you have any questions regarding the Sacraments please contact the parish office on 4721 4080.

Student Data Validation

Our school requires accurate and up-to-date student information as part of our duty of care and to support the needs of all learners. To ensure the information we currently have is correct, we are asking families to validate key information such as contact details and emergency contacts. CEDP will be contacting you shortly to confirm details.

Wet Weather

If it is raining there is a good chance that Kiss 'n' Ride will be closed as there is nowhere for the children to wait. Most children do not have umbrellas or raincoats.

An alert will be sent out at 2.30pm on Skoolbag and Facebook. You will need to keep an eye out for this notification.

Walkers and Kiss 'n' Ride children will be picked up from the Stage 3 (old Kindy) building. They will be supervised until 3.30 so no need to rush to collect them.

Counsellor's Corner

Big Feelings - Helping your child name and manage some of the feelings from school

At St Joseph's we use the language of "How to fix things" including "Big Feelings" to acknowledge our students reactions to situations. Sometimes it can be -

- "super-excitement" of winning the Attendance Award or a Joey Jump celebration
- "Sad feelings" around the outcome of a game or being first to line up
- "Disappointment" around friendships

We try not to pick the feeling, for example, instead of saying "When you were walking away from your friends you looked really angry", staff practice emotion coaching - "I can see there are some big feelings, we can talk about what happened with your friends, so we can fix it and get back into play/learning". Older students will name "Yes I feel really annoyed/angry etc..", however younger students need more prompts and older students need some guidance to explore the feelings they name.

At home when your child expresses feelings about a situation at school, it would build their emotional language and ability to problem solve if you could try saying the following:

1. "It must be really hard to have these feelings"
2. "Thank you for being honest with me"
3. "How did you work with the teacher to fix the problem?"
4. "How can we help let go of the day and enjoy our home time?"

Your children are amazing at coming up with solutions when they have calmed their big feelings, I am sure you will be proud of the types of things they share with you.

Attendance News

A reminder that supervision commences at **8.20am**. Children arriving before this time ARE NOT SUPERVISED and are therefore not safe. We encourage parents to put the best interests of their child first and enrol them in Joey's Before and After School Care to ensure their safety.

If your child is absent please contact the school to advise the reason. This can be done via Skoolbag, Signed Note, Phone Call or Doctor's Certificate.

If your child is absent for 3 or more days due to illness a Doctor's Certificate is required.

Any leave taken needs to be preapproved by Mrs Reilly.

every learner every day ☒

When is sick too sick for school

If I am sick please call the school or write me a note to let the school know why I am not at school.

Send me to school if ...	Keep me home if ...
<ul style="list-style-type: none">✓ I have the symptoms of a cold or hayfever✓ I have a sprain, strain or pain and I can function (walk, talk and eat)✓ If I have asthma, diabetes, epilepsy etc - school personnel are trained to manage my condition. Talk to the school about my health plan✓ I haven't vomited or had diarrhoea for 24 hours	<ul style="list-style-type: none">✓ I have a temperature higher than 37 degrees✓ I am vomiting or have diarrhoea✓ My eyes are red, and crusty (conjunctivitis)✓ I have influenza (flu) - combination fever, sore throat, cough, muscle aches and headaches✓ I have the symptoms of an infectious disease. Go to NSW Health - A-Z of infectious diseases for more information

Catholic Education Diocese of Parramatta

Tell Them From Me

In the coming weeks we will be inviting students, teachers and parents to provide feedback on their experience of our school using an online survey. The surveys are an important part of our whole school evaluation and planning process.

We would like to invite you to complete the *Tell Them From Me (TTFM)* Partners in Learning survey. As we value the role of parents and carers within our school community we would greatly appreciate your feedback. The information you provide will be used to maintain our commitment to working together in partnership to further improve student learning and wellbeing at *St Joseph's Primary School*.

The survey is anonymous and will take approximately 20 minutes to complete.



Kind words or no words

Our focus for Term Two at St. Joseph's is to become experts at using **KIND WORDS OR NO WORDS**. Students from Kindergarten to Year 6 are aware of what this sounds like in the classroom and on the playground.

When speaking to teachers, classmates or peers we use a **friendly tone, kind words, eye contact and appropriate facial expressions**. When we do this, we communicate in a friendly way that is respectful.

Positive talk is important because it promotes feelings of well-being in both the speaker and the listener, builds confidence and creates and maintains healthy relationships.



On the playground , kind words sounds like:	In the classroom , kind words sounds like:
<ul style="list-style-type: none"> friendly talk during games - "Good effort" "Would you like a turn now?" words that show good sportsmanship like "Well done, good game!" 	<ul style="list-style-type: none"> using people's correct names "Wow I love those colours you used, that was so creative" asking before using other people's equipment

You can help your children practise using kind words by modelling this for them at home. For example, praise them for a job genuinely well done and be as specific as possible in telling them why you are proud of them.



*Don't miss the chance to brighten someone's day by using **KIND WORDS!***

Staffing Updates

Staffing

- Mrs Devine is on maternity leave - welcome Veronica Jarrett
- Mrs Geraghty is on sick leave - Miss Saaib continues to replace her
- Steve Crye is on sick leave

Professional Learning

- Mrs Purtell and Mrs Smith - Reading Recovery Training
- All Staff - CPR Training
- Mrs Reilly, Mrs Busutill, Mrs Sultana, Mrs Kemp - Growing Great Leaders

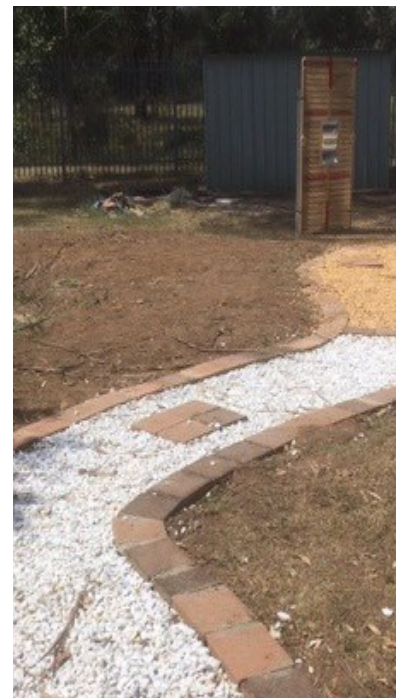
EMU Graduation

Congratulations to Mrs Pennay and Mrs Purtell on graduating as EMU intervention teachers.



Donations Required

We are looking at building a sensory garden for the children to enjoy. If you have any items that will help us with this - door knobs, bells, door knockers, etc please hand them in at the front office. Thank you in advance.



Mathematics at Home

MATHEMATICS AT HOME!

Maths is an important part of our everyday lives and children learn about many mathematical concepts through play and experiences at home such as cooking and building.



Numeracy at home is a website designed to help young children (Kinder & Year 1) learn about mathematics through activities at home. You might like to explore the following website with your children.



<https://www.numeracyathome.com>



❖ Numeracy@HOME is funded by the Australian Research Council (LP140100548), in partnership with Catholic Education Melbourne, the Victorian Department of Education and Training, and Doveton College



Numeracy@HOME



MONASH
University



MELBOURNE, AUSTRALIA

HOME

11 WAYS TO MATHS

ABOUT US

CONTACT US

BLOG

Welcome to the numeracy@HOME resources website for families.

Here you will find activities, tips, and information to support young children's maths learning during everyday activities.

The numeracy@HOME resources acknowledge that families are children's first maths educators.

The numeracy@HOME resources focus on **11 ways to maths** learning during everyday activities, such as when families are preparing meals, playing games, or walking down the street.

In Year 4 we have started a new online maths program for homework. We love it! It is an online game that students access using their google account (school login). They can battle against their friends by completing maths questions that are adapted to their level. It gives teachers reports on where students may need some extra help and is awesome practice. Don't take our word for it, here are some testimonies from the kids!

I love prodigy! It helps me make my maths better. It has a lot of different math activities for you - Meghna

I love prodigy! You can do spells, rescue monsters and battle! - Jaxon

I love prodigy because it is telling the teacher what we need help with. It is a wizard themed pokemon like game which nearly all of year 4 likes and I highly recommend it. - Charlie

I love prodigy because if you make a mistake it gives you the answer - Apuol

We encourage all of the year 4s to continue their amazing work at home, just over the weekend our kids answered over 2000 questions in total! What an achievement!

Any student can create a totally free account and parents can also create one to track their progress. It is a fun interactive game that links to the Australian Curriculum.



St Joseph's Student News



Congratulations Dreisson, in Year 5, for receiving your Black Belt in Taekwondo! What a fantastic achievement.

Clarisse, in Year 4, won gold in her Ice Skating competition on the weekend. Great work Clarisse!



Busways

providing quality public transport



Busways Group Pty Ltd

5 Bridge St, Pymble NSW 2073

www.busways.com.au

Does your child catch a school bus? Help them keep it!

As the bus operator that providing your child's school bus services, we're asking for your help getting your child to use their Opal card on every bus trip.

Since the introduction of the School Opal card in 2016, school bus patronage data has significantly dropped. This is not reflected in the number of students actually travelling on our buses for various reasons a large number of students are consistently not using their Opal cards as they should be.

Opal data gathered by tapping on and off is used by transport planners and service schedulers to design the bus network that best serves the community utilising the resources available.

If students don't tap on and off then school bus services will appear underutilised and may be considered for cancellation based on low passenger numbers.

Please help us reinforce the message that tapping on and off every bus journey with an Opal card is essential to travel on the bus. This will ensure school services continue to be planned for the students that use it, providing the journey to school your children depend on.

To help us achieve this, please talk with your child:

- Ask them if they tap on and off the bus with their Opal card.
- If they do, congratulate them for doing the right thing and talk about why it's important.
- If they sometimes don't or never do, ask them why.
 - Are they confused about why they have to? Talk about why it's important, and that every tap tells the bus planners that the bus is needed.
 - Do they forget? Help them find a way to remember, such as getting into the habit of getting their Opal card out as soon as they arrive at the bus stop or bus line.
 - Is their Opal card at the bottom of their bag? Help find a handier place to keep it.
 - Are they influenced by friends or peers that don't tap? Talk about how they like to travel on the bus with their friends and how tapping is what keeps the service running.
 - Have they lost their Opal card? To order a new Opal card visit www.opal.com.au.

If there's another reason that you'd like to discuss with Busways, please contact us at info@busways.com.au. We are happy to listen and do what we can to help your child feel comfortable using their Opal card.

Thank you for helping us to best serve your school community.

Community News

Come & Try Girl Guides!

Laughter, learning, friendship and fun...
come and discover at Guiding what's done!

South Penrith Junior Guide Unit
(For girls 7–9 years old)

Tuesday May 14th, 2019
6.00 – 7.30pm

We will be enjoying a 'taste' of Guiding !

**South Penrith Guide Hall,
Trent Street South Penrith
(behind Southlands Shopping Centre)**

Please contact: Debbie to register for this FREE Event
Phone: 0433510701 Email: membershipadvisergr@gmail.com



Mt DrUITT Learning Ground

Enablers Leadership and Communication Program

Bidwill Square, Bidwill 2770



5 Week Program
Every Tuesday

14 May – 11 June 2019
10.30am – 1.30pm

Would you like to:

- Have the confidence to find your own voice?
- Feel more motivated to achieve your own goals?
- Be able to recognise your own successes?

The Enablers Program offers:

- Better understanding of self and others
- Insights into how we got to be where we are
- New skills for a way forward

light meals provided

Call Rumbi to register **0438 187611**

or email info@chainreaction.org.au

Sponsored by the Neilson Foundation



Mt DrUITT Learning Ground

Workshop for parents & carers
Bidwill Square, Bidwill 2770



Bringing out the best in kids

Tuesday 14 May 2019
10.30am–1.30pm

Do you want your kids to do what you ask them?
Do you want them to grow up with good values?
Would you like to see them with more confidence and resilience?
Do you want them to do well at school?

This workshop will help you to:

- Engage with your children so they want to *listen* to you
- Motivate your kids to do their best
- Boost their self esteem
- Teach your kids not to be defeated by setbacks but to try again.

Child-minding and light meal provided

Call to register **0438 187611**

or email info@chainreaction.org.au

Sponsored by the Neilson Foundation

The workshop is led by Melissa Hood who has had 18 years experience working with families. Melissa is a mum and a trained parenting facilitator. She is the author of 'Real Parenting for Real Kids'.



Mt DrUITT Learning Ground

Family Skills Workshop Positive Discipline for Kids 2-5 yrs

Bidwill Square, Bidwill 2770

Tuesday 21 May 2019
10.30am – 1.30pm

- Does your toddler/pre-schooler throw tantrums over minor things?
- Do your kids not do what you ask?
- Do you find yourself letting them get away with stuff or coming down really hard on them?

This workshop helps you to:

- Understand why young kids behave the way they do
- Get little ones to cooperate
- Teach children how to behave

Child minding and meals provided

Call Rumbi to register **0438 187611**

or email info@chainreaction.org.au

Sponsored by the Neilson Foundation

The Program is led by Melissa Hood who has had 18 years experience working with families. Melissa is a mum and a trained parenting facilitator. She is the author of 'Real Parenting for Real Kids'.



Dates for your Diary

Week 3

Sunday 12th May
NAPLAN Years 3 - 5

Mother's Day



Week 4

3 Way Conferences

Monday 20th May

School Photos

Friday 24th May

2:15pm Assembly

Week 5

Thursday 30th May

Years 5 & 6 Camp

St Joseph's Social Media

Did you know St Joseph's have many media platforms to keep yourself updated with school events, photos, newsletters, notes, etc



Facebook - St Joseph's Primary School, Kingswood. NSW

School Website - <http://www.stjosephskingswood.catholic.edu.au/>



Twitter - @stjosephskwood



Skoolbag - St Joseph's Primary Sydney



YouTube - St Joseph's Primary Kingswood

If you would like to opt out on your child's photo, work and name being published please put your request in writing and send it to the school office. If at any time you change your mind regarding publishing please put your request in writing and send it to the school office.

St Joseph's Birthdays

Happy Birthday to...

May - Maria, Kuol, Joy, Adwoa, Arnav, Angel-Rose, Christopher, William, Chloe, Chanel, Rhea, Amy, Eliza, Jaxon, Mathew, Samuel, Muk